



## Explore the Ferry Plaza Farmers Market

---

Your name:

Date:

What is a root vegetable?

Name two examples of root vegetables you see at the market today:

Name your favorite fruit or vegetable you see at the market today:

Name a healthy dish that you can make with this ingredient:

Bonus: How is this dish prepared? What other ingredients are used?

Find a farm that is certified organic. Farm name:

What does organic mean? (Tip: Ask the farmer!)

**Select one farm at the market and answer the following questions:**

1. What is the name of the farm?
2. What is the name of the person at the booth, and what is their job with the farm?
3. What does this farm grow?
4. Ask how the farm manages pests. Answer:
5. Ask how the farmer takes care of the soil. Answer:

# Foodwise

Select a different farm and answer the following questions:

1. What is the name of the farm?
2. Where is it located?
3. Mark the location on the map. (Ask the person at the booth for help if you don't know where it is.) Mark San Francisco on the map. Draw a line to connect the two.



4. Guess how far away the farm is. Write the number of miles here:
5. Ask the farmer how many miles away the farm is. Write the number of miles here:  
Check #4 to see if you guessed correctly.
6. Ask what crops are the farm's specialty. Answer:

7. Ask the farmer why their location is good for these crops. Answer:

## California's Counties